



## The Crossing

August 14, 2010

9:00 a.m. Morningstar Marina (Registration begins at 8:00)

Sponsored by O'Sail and the Lake Gaston Chamber of Commerce & Visitor's Center, Inc.

**One form per person is required.**

Category (check one)

\_\_\_\_\_ Swimmer (must be 14 years or older unless accompanied by an adult or coach's certification)

\_\_\_\_\_ Non-motorized vehicle (all passengers must wear a personal flotation device)

\_\_\_\_\_ Walker (walk across bridge from Morningside Marina to Watersview Restaurant)

\_\_\_\_\_ Group you are participating with (if any)

Name \_\_\_\_\_ Age: \_\_\_\_\_ Sex : \_\_\_\_\_

Address \_\_\_\_\_ Phone: \_\_\_\_\_

City \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Email: \_\_\_\_\_

**Registration Fee:** \$25.00 per person regardless of age. (\$27.00 for swimmers to be officially timed.) One t-shirt and one swim cap (for swimmers) is included in the registration cost. If you are a timed swimmer please estimate your time to complete the one mile swim: \_\_\_\_\_

**Make checks payable to O'Sail.** Return form and check to Lake Gaston Chamber of Commerce, 2475 Eaton Ferry Road, Littleton, NC 27850. **Late registration fee is \$30.00 Day of Event (\$32.00 for swimmers to be timed.)** Refreshments will be provided at the finish area.

*In consideration of the acceptance of my entry, I, the undersigned, intending to be legally bound for myself, do hereby release any and all sponsors of the event, and their representatives, successors, and assigns, from any and all liability arising from illness or injuries I may suffer as a result of my participation in this event. I attest and verify that I am physically fit and have sufficiently prepared for the event. I have read the forgoing and certify my agreement by my signature below.*

---

Participant's signature

Date

---

Guardian's signature, if participant is under 18